

Cleaning and Charging Crystals

Because crystals retain the energy of anyone that might be handling them, be sure to always clean and recharge any new crystals you buy. Don't ever be convinced that the person selling you the crystals will need to charge them for you at an addition cost, you can do it yourself.

Always clean the crystals in a little bit of sea salt, or even table salt, in a bowl of water. I usually leave them in the salt water for about 15 to 20 minutes or even over night. When you take them out of the water, give them a little rinse in clean water and then just dry them gently. If you're smudging the same night you want to charge your crystals, you can just use the sage to smudge and clean the crystals. Crystals can be either charged in the sunlight or the moon light; however, they do better in the moonlight. A full moon is the best time to recharge them, but any night is okay. It's best to put them outside in a glass container. They can be a wonderful attraction to birds and animals, so it's best to cover them with a piece of plastic wrap. If you live in an apartment and don't want to put them outside, you can just put them on a window sill where they will be exposed to the moon light. I generally leave mine outside for several hours, but the timing is really your decision.